



Husky Talk Newsletter

High Point Academy

Thursday, January 7, 2016

Volume 10, Issue 9

Our mission is to provide a strong foundation of academic excellence in partnership with family and community in which each individual is challenged to achieve his/her highest potential academically, socially, and personally.

Keri Melmed
Chief Academic
Officer/Principal

Chad Miller
Chief Business
Officer

Michele Garver
Elementary School
Assistant Principal

Kelle Bongard
Middle School
Assistant Principal

Juanise Cornell
Dean of Students

Barbara Hill
Director of
Communications

Erica Wood
Director of Student
Services

Teresa Frasier
Office Manager

Sharla Williams
Enrollment
Coordinator

Amanda Delgado
Medical Assistant

Ryan Frazier
Governing Board
President

Like HPA of
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If you're on Facebook, like High Point Academy to receive school updates in your newsfeed.

2nd Quarter Awards Ceremonies

The quarter two awards ceremonies take place next Thursday and Friday in the gymnasium.

Thursday, January 14, 2016

6th grade—11:20-11:50am

7th & 8th Grade—11:50am-12:20pm

Friday, January 15, 2016

Kindergarten & 1st—12:30-1:15pm

2nd & 3rd Grade—1:30-2:15pm

4th & 5th Grade—2:30-3:15pm

Volunteer Training

Are you interested in working in a classroom, going on field trips, or helping at the school? If so, you need to complete a one-time volunteer training as well as an annual background check. If you have completed the training in a previous year you still need to complete the background check **annually**.

The next volunteer training will take place on Wednesday, January 13th, 2016 at 7:45am. Please contact **Erica Wood** to RSVP or to get the background check form.

HPA Anti-Bullying Month

HPA is kicking off 2016 with kindness! Throughout the month of January our school will be hosting the first ever Anti-Bullying Month! During the month students will participate in activities, spirit days, and an all school assembly focused on being kind and standing up against bullying. Check your students Thursday folder and check out our **flyer** with a link for more resources.

SAVE THE DATE

Open House

Saturday, January 9, 2016; 10:00 am

Thursday, January 14, 2016; 6:00 pm

Please invite family, friends, and neighbors to learn more about the educational opportunities at HPA.

After School Activities

The winter session of after school activities starts next Thursday, January 14 and will run for eight weeks every Thursday/Friday through March 11. Sign-up forms went home in Thursday folders before winter break and you can view and print the form on the HPA website under Current Families-Activities. Activities cost \$50 per class per child and this round of activities features Watercolor and Drawing, FIRST Lego League, Sketch Art, Hip Hop DIY (now open to fifth grade students), YouTube Club, and Art from Ashes. Please turn in forms and money to the front office by Wednesday, January 13 at 5:00pm. Teachers will not accept registration or payment for activities.

2015-2016 Class Photos Available for Purchase

Did you forget to order your child's class photo in November? If so, there are a handful of copies still available for \$10 each. Pictures can be purchased from Erica Wood in the office on a first come first serve. Cash or check (made out to High Point Academy) will be accepted.

Yearbooks On Sale Now!

The 2015-2016 school yearbook is now on sale. Yearbooks can be ordered online at **ybpay.lifetouch.com** (yearbook code: 11891216).

Girls on the Run-Spring Program

Girls on the Run will start the week of March 7th. Girls on the Run inspires girls to a lifetime of self-respect and a healthy lifestyle through an innovative program that combines training for a 3.1 mile run/walk race with a fun, health education lesson plan. We will meet Mondays and Thursdays after school from 3:45-5:00pm and is open to all 3rd through 5th grade girls at High Point Academy. Watch for registration info coming in February. For more information about the program go to **www.girlsontherunrockies.org**. Questions? Contact: Site Coordinator, **Erica Wood**.

Important Dates:

January 8: Last day of 2nd quarter

January 9: Open House 10:00am

January 12: Girls Basketball game at High Point Academy at 5:00pm

January 12: Boys Basketball game at High Point Academy at 6:00pm

January 13: Anti-Bullying Month-Crazy Sock Day

January 13: Volunteer Training 7:45am

January 14: Middle School 2nd Quarter Awards Ceremonies (see pg. 1 for times)

January 14: Girls Basketball game at KIPP Montbello at 5:00pm

January 14: Boys Basketball game at KIPP Montbello at 6:00pm

January 15: Kindergarten through 5th Grade 2nd Quarter Awards Ceremonies (see pg. 1 for times)

January 18: NO SCHOOL—Martin Luther King Day

January 20: Anti-Bullying Month-Husky Pride Day

January 20: Girls Basketball game at High Point Academy at 5:00pm

January 20: Boys Basketball game at High Point Academy at 6:00pm

January 22: Jean Day for \$1

Husky Talk Newsletter

Message from the Chief Academic Officer

Dear HPA Families,

Welcome back and Happy New Year! We hope that the winter break was filled with time to reconnect and rejuvenate. It definitely provided time for us as a staff to reenergize for the important work that lies ahead this semester.

We were excited to reunite with the beautiful and energetic faces that bounced through our doors on Tuesday morning. We wasted no time and jumped right into rigorous curriculum work, while reminding students of our academic and behavioral expectations.

Many of us make resolutions to be healthier in the year to come, so I thought it would be a good time to remind our families that HPA is here to help and that we too are committed to health and wellness! While many of you chose HPA because we are a "Wellness" school, there may be others that don't know all the amazing ways we support your student's health and wellness and *why* we are committed to our wellness program.

In a recent 2013 study we saw that:

- The nations average obesity rate continues to increase

- Colorado has one of the fastest growing child obesity rates

- Colorado is one of the only states that saw an increase in its preschool obesity rate

We also know that:

- High obesity rates are linked to chronic disease

- Obesity rates are linked to Diabetes

- Healthy diet is linked to our ability to focus and learn

- Healthy diet supports our ability to interact socially

This compelling data drives us to pay attention and provide an opportunity for our students to lead a healthful life at school. To do this, at HPA, we focus on a holistic approach to wellness by addressing our students' physical, social-emotional, and academic needs.

Physically we provide a healthy lunch option that meets our "gold-level" wellness standards, students are asked to bring a healthy fruit or vegetable for snack, and drink plenty of water throughout the day. We prohibit unhealthy foods that are filled with sugar and/or artificial ingredients. We also ensure that our students are active by scheduling recess for every student preschool through eighth grade. And, our students engage in physical education 80 minutes a week K-6, and every day two quarters a year in middle school.

Our wellness class supports our students' social-emotional and physical health by educating students about food and nutrition, decision making, problem-solving, and making good choices for their body, soul, and mind. Students in K-8 take Wellness to support their own wellbeing. Our school counselor and our social worker play a key role in supporting our student social-emotional health. They provide individual and group services to some of our students.

And, finally, each teacher at HPA focuses on the academic wellbeing of their students. Teachers closely monitor the progress students are making to ensure they are growing. One way we do this is to measure student growth at the end of each quarter with the online, computer adaptive STAR test. The results from the most recent STAR reading and math scores will be shared with you at Parent-Teacher conferences at the end of the month. (Wednesday, 1/27 and Thursday, 1/28 from 4pm-8pm). This test, along with their report cards, will provide you a snapshot of their academic 'wellness' and progress. Please make sure to sign up for a conference time.

Here's to a year filled with good health and wellness,

With husky pride,

Ms. Keri Melmed

Chief Academic Officer/Principal