



Husky Talk Newsletter

High Point Academy

Thursday, March 17, 2016

Volume 10, Issue 14

Our mission is to provide a strong foundation of academic excellence in partnership with family and community in which each individual is challenged to achieve his/her highest potential academically, socially, and personally.

Keri Melmed
Chief Academic
Officer/Principal

Chad Miller
Chief Business
Officer

Michele Garver
Elementary School
Assistant Principal

Kelle Bongard
Middle School
Assistant Principal

Juanise Cornell
Dean of Students

Barbara Hill
Director of
Communications

Erica Wood
Director of Student
Services

Teresa Frasier
Office Manager

Sharla Williams
Enrollment
Coordinator

Amanda Delgado
Medical Assistant

Ryan Frazier
Governing Board
President

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If you're on Facebook, like High Point Academy to receive school updates in your newsfeed.

Boosterthon Update

The High Point Academy Fun Run was a blast and we have had such a great time learning how to play with more character, while helping our school. Even though the Fun Run is over, we are not done yet! Please help us collect all pledges by March 23! Your student will come home with an envelope soon. You can collect pledges in that envelope and send it back to school or sponsors can pay online. The Fun Run would not be successful without you, so thank you for your support!

Quarter 3 Awards Ceremonies

Quarter three awards ceremonies will take place on Thursday, March 24 for middle school and first grade (due to their field trip on March 25) and Friday, March 25 for kindergarten and first grade and third grade through fifth grade.

Thursday Award Ceremony Times:

6th grade-11:20-11:50

7th and 8th grade-11:50-12:20

2nd grade- 2:30-3:00

Friday Award Ceremony Times:

Kindergarten and 1st grade-12:30-1:15

3rd grade-1:30-2:00

4th and 5th grade-2:30-3:15

Husky Wear is BACK!

High Point Academy Husky Wear is back. Visit <http://denver.educationaloutfitters.com/find-my-school/high-point-academy/> to order your polo shirts, hoodies, socks, and much more.

HPA Talent Show is Coming

HPA's 7th annual talent show will be on May 5th from 5:00-6:30pm. Talent show auditions will take place Tuesday, April 5 from 3:50-5:00 and Wednesday, April 6 from 2:00-4:00. [Click here](#) for more information and to sign-up for an audition time via doodle.com.

March 25 is the LAST day to order a 2015-2016 yearbook!

Order online at ybpay.lifetouch.com (use yearbook code 11891216). Paper order forms went home in February to students who have not ordered a yearbook yet. All paper orders must be turned into the office by Friday, March 25 at 5:00pm.

Career Day Update

ALL students PreK-8 will be able to dress up in their career choice on April 22nd. This is a great way for all students to explore different career options and dream BIG! Please look out for the Career Day flyer going home in Thursday folders for more information. We are still looking for volunteers to participate in the 8th Grade Career Fair on April 22nd between 1:30-3:30pm. If you are interested in participating, please reach out to Ms. Johnson, our Middle School Counselor, at sjohnson@highpointacademy.net.

Rockies Tickets on Sale NOW!

High Point Academy is hosting a community night at the ballpark on Sunday, April 24th. Tickets are \$3 each and can be ordered using the form that went home in Thursday folders last week. [Click here](#) to view and print the order form. Please return this form with money (CASH ONLY) to the front office by April 8 to reserve your tickets (20 ticket maximum per family)

Cub Scout Recruitment

The Cub Scout pack is currently recruiting new members, and will host a 'join night' on Wednesday, April 6th from 6:30 pm – 7:30 pm in the school cafeteria. All boys entering grades 1-5 for the 2016-2017 school year are eligible to join the Cub Scouts. Please contact Cub Master Jason Bixler at bixman05@gmail.com for additional information.

2016-2017 School Calendar

[Click here](#) to view, download, and/or print the 2016-2017 school calendar. Paper copies are also available in the front office.

Important Dates:

March 18: NO SCHOOL-Teacher Professional Development

March 19: Colorguard Performance at Arapahoe High School

March 21, 22, 23: 2nd Grade Insect Play 5:00pm

March 23: Governing Board Meeting 5:30pm

March 24: Middle School Quarter 3 Awards Ceremonies

March 24: Girls Soccer Game at KIPP Montbello at 5:00pm

March 24: PTO Meeting 5:30pm

March 24: Boys Soccer Game at KIPP Montbello at 6:00pm

March 25: Elementary School Quarter 3 Awards Ceremonies

March 25: Jean Day for \$1

March 25: Colorguard Performance at Wheat Ridge High School

March 26: Colorguard Performance Pomona High School

March 28-April 1: NO SCHOOL-Spring Break

April 2: Colorguard Championship at DU Ritchie Center

April 5: Talent Show Auditions 3:50-5:00pm

April 5: Talent Show Auditions 2:00-4:00

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Message from the Chief Academic Officer

Dear HPA families,

Today is our Fun Run Boosterthon fundraiser that is sponsored by our Parent Teacher Organization (PTO). Over the last week our teachers have done an excellent job building excitement and supporting our students with this event, and we thank them. We'd also like to give a big thank you to our students and families who have been working so hard to get pledges and donations. We could not have done this fundraiser without all your tremendous efforts!

As you may know, the PTO is an organization that supports the work of the school so that we can have the very best programming and opportunities for our students. All of PTO fundraising dollars are spent on our students or teachers. PTO supports programs like Power Hour, where students can receive free tutoring from HPA teachers. PTO also celebrates and acknowledges our teachers during Teacher Appreciation week. Additionally, if teachers are interested in conducting a special program or project, they will go to PTO with their proposal. Over the years PTO has sponsored many teacher initiated programs. PTO plays an integral part in supporting HPA and we thank all of our PTO volunteers for their dedication. If you are interested in getting involved in our PTO please attend a meeting or email the PTO for more information. PTOinfo@highpointacademy.net

Choosing a fundraising activity that both yields financial profit and aligns with our school mission and culture can be difficult. The Fun Run has helped us achieve both of these goals – raising funds while supporting our mission of health and wellness. Students are excited to participate in the Fun Run and see how far they can run. Many students are challenging themselves to run farther than they think possible. We are proud of each and every student for participating and for trying their best – regardless of pledges or dollars raised.

Most importantly we are excited to have this opportunity to come together as a community – to be active and to enjoy one another.

We also want to express our thanks to our facilitators from Boosterthon, who have been at HPA this last week doing anything from supporting the fundraising effort, to helping out at our Health Fair. We also appreciate our staff, teachers, students, and families for making this fundraising event a huge success.

With husky pride,

Ms. Keri Melmed

Chief Academic Officer/Principal

Donation and Volunteer Opportunities

NEEDED! Volunteer Garden Coordinator/Co-ordinators: Spring is fast approaching and we are in need of a garden coordinator/co-coordinators. This is the perfect opportunity to gain volunteer hours and be a part of the Garden to Cafeteria program. Under the leadership of our garden coordinator, students grow fresh fruits and vegetables in our garden and supply some of the harvest to the school cafeteria to be used at lunch service. Be a part of this volunteer opportunity by contacting Barbara Hill at bhill@highpointacademy.net.



Husky Talk Newsletter

My child hates fruits and vegetables. How can I get them to eat healthier?

Growing children need certain vitamins and minerals to be as healthy as possible. Fresh vegetables and fruit provide these nutrients and your child should eat them every day.

To help your child learn to love eating fruit and vegetables:

Serve them with every meal, starting with the fruit and vegetables your child already likes.

Introduce new vegetables and one fruit one variety, one serving at a time.

Teach your child descriptive words like “I like this because it’s crunchy” or “This is too mushy” to help you prepare veggies and fruit in the future.

Make vegetables and fruit more appealing by cutting them into shapes with cookie cutters or a spiralizer.

Set a good example by eating plenty of vegetables and fruit yourself.

Add veggies to pastas, rice dishes, casseroles and soups; add fresh fruit slices to cereal and yogurt.

Make vegetables and fruit easier to reach by placing them at eye level on the counter and in the fridge.

Take your child shopping with you and encourage them to pick out a fruit or vegetable they’ve never had before – consider doing a taste test together.

Stop preparing a different meal after your child rejects the original – this only encourages picky eating.

Stop serving snacks several hours before a meal – your child will be more adventurous at meal times if they are hungry.

Be creative about presenting foods in different ways – serve shredded carrots or frozen peas instead of cooking them.

Incorporate vegetables and fruit into your daily eating routines – don’t make a big deal about it and be patient. If you’re consistent, your child will eventually get used to it.

Check out more commonly asked questions and answers at the following link:

<http://www.childrencolorado.org/wellness-safety/paren-resources/expert-tips>

Volunteer Training

Are you interested in working in a classroom, going on field trips, or helping at the school? If so, you need to complete a one-time volunteer training as well as an annual background check. If you have completed the training in a previous year you still need to complete the background check **annually**.

Please contact **Erica Wood** to see when the next training is scheduled for or to get the background check form.