



Forward Movement Counseling, LLC
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Therapist Biography

Jackky Sirichantho is a Colorado Registered Psychotherapist and Licensed Marriage and Family Therapist Candidate who holds a Master of Arts in Couples and Family Therapy from the University of Colorado Denver. Jackky is clinically trained in the area of co-occurring diagnosis of addiction and trauma from CeDAR: Center for Dependency, Addiction and Rehabilitation at University of Colorado Health (one of the leading addiction treatment facilities in the nation). Additionally, he is trained in couples and family therapy, and providing in-home services for diverse communities in the Denver metro area.

As a cross-cultural counselor, Jackky utilizes a holistic and integrative approach to therapy. The approach that Jackky brings to his counseling philosophy exemplifies how important it is to attend to all areas in life: emotional, physical, mental, social, spiritual and cultural differences have an impact in clients/families lives. Jackky's integration of Evidence-Based approaches includes: Structural (Family Behavioral), Motivational Interviewing, Skills Training in Affective and Interpersonal Regulation for Adolescents (STAIR), and Cognitive Behavioral Therapy.

With 12+ years of experience working with children, adolescents and families, Jackky has gained a great insight on how trauma impacts a family system. In addition to being a prominent relationship counselor, Jackky served on the Denver Immigration and Refugee Commission, and is an active member of the American Association for Marriage and Family Therapy.

Program Description, Services, Fees

Forward Movement Counseling, LLC provides all Evidence-Based practices for clients and families in the following areas:

- **Individual Counseling:** \$80.00 per hour

Individual counseling provides the clients with the opportunity to have a one-on-one sessions to address addiction and trauma, depression, anxiety, grief and loss, and addressing any lack of confidence and motivation with overcoming legal barriers.

- **Couples Counseling:** \$100.00 per hour

The sessions will encompass parental training, marital stress, divorce/separation, building a relationship with a partner in recovery, and dealing with a traumatic experience within the relationship.

- **Family Counseling:** \$120.00 per one hour and a half

Family counseling sessions will include issues around blended families, divorce/separation, addiction and trauma, family transition, grief and loss, and transgenerational family system.

- **Group Counseling:** \$45.00 per individual, per one hour

Group topics include: addiction, intimacy and violence, aggression within kinship, male specific, cross-culture, and family addiction. A minimum of six participants are required for the groups. Groups are not open entry and will be run for six weeks.

- **In-Home Family Counseling:** \$150.00 per hour and a half

In-home family counseling is a way to provide sessions within the family environment. The counselor will conduct an hour to an hour and one half in the family home. The fees cover counseling services and travel time for the counselor.

- **Professional Consultation:** \$100.00 per hour

This service includes case conceptualization or case consultation with providers/agencies and community professionals regarding cases they are working on. Counselor will attend meetings/staffings for the case if needed.

- **Mental Health Evaluation: DSM V.** \$350.00 per evaluation

All mental health evaluations are based on the Diagnostic and Statistical Manual of Mental Disorders, 5th Edition. The assessment can include in-home, office, detention interview with the identified patient, and one family system interview. The completed assessment will be provided to the agency requesting for the evaluation only.