



Husky Talk Newsletter

High Point Academy Thursday, September 29, 2016 Volume 11, Issue 4

Our mission is to provide a strong foundation of academic excellence in partnership with family and community in which each individual is challenged to achieve his/her highest potential academically, socially, and personally.

Keri Melmed
Chief Academic
Officer/Principal

Chad Miller
Chief Business
Officer

Michele Garver
Elementary School
Assistant Principal

Jackson Westenskow
Middle School
Assistant Principal

Juanise Cornell
Dean of Students

Barbara Hill
Director of
Communications

Erica Wood
Director of Student
Services

Teresa Frasier
Office Manager

Sharla Williams
Enrollment
Coordinator

Amanda Delgado
Medical Assistant

Michael Fields
Governing Board
President

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If you're on Facebook, like High Point Academy to receive school updates in your newsfeed.

Picture Day

School picture day will be Friday, September 30th all day. Forms to order your child's picture are coming home in Thursday folders today. You can also order online by [clicking here](#) and clicking on enter your school code (30041001). Students must be in their uniform polo for these pictures (no Husky wear; it is a jean day and students can wear jeans for \$1). Since hoodies are not allowed for pictures, please make sure your child has a uniform color polo shirt on under any hoodie that is worn that day.

HPA Garden

We have a few upcoming garden volunteer days. Parents and students are invited to come and help. These events help us to maintain our garden to cafeteria program.

- Thursday, September 29th from 4-5pm
- Saturday, October 15th from 9-11pm
- Friday, October 28th from 4-5pm

We hope you will join us!

Volunteer Training

The next volunteer training will take place on Tuesday, October 4th at 4:00pm.

If you are interested in working in a classroom, going on field trips, or helping at the school and have not completed the training in previous years, you need to attend this training and clear a background check before going into classrooms. Please RSVP to Erica Wood at ewood@highpointacademy.net or 303-217-5152 if you are planning to attend. If you have completed the training in a previous year you need to complete the background check annually. Please email Erica Wood to get the form to complete this process.

Husky Wear

Did you see HPA's Husky Wear items? Visit <http://denver.educationaloutfitters.com/find-my-school/high-point-academy/> to order your polo shirts, hoodies, jackets, and much more.

Power Hour

Power Hour – Our FREE afterschool tutoring program starts September 6th from 4-5pm. Students can receive tutoring support and/or homework support. Students must have assignments to complete to attend. If students do not have assignments, they will be asked to leave or placed in Husky PACK at parent expense.

After School Activities

The fall session of after school activities starts on Thursday, October 6 and will run for eight weeks every Thursday through December 1. Sign-up forms went home in Thursday folders last week, but you can view and print the form on the HPA website under Current Families-Activities. This round of activities features clubs for 2nd-8th graders including Speed Stacking, Minecraft, and Anime Club. Please turn in forms and money to the front office; teachers will not accept registration or payment for activities.

PTO UPDATE!!!

PTO meetings have been moved to the second Thursday of the month starting at 6pm. Our next meeting will take place on Thursday, October 13 at 6:00pm. Childcare will continue to be provided.

Morning Carpool

For the safety of our students, please be sure to follow the following morning drop-off procedures:

Follow the school zone speed limit of 20 miles an hour on Dunkirk Street.

Families have two options: (1) to park in the parking lot—not on 67th—and walk your child into school; or (2) drive through the carpool lane and drop your child off along the sidewalk.

To ensure a steady flow of traffic through carpool please pull up and drop your child off as far up as possible.



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Message from the Principal

Dear HPA Families,

We hope you saw the recent article about High Point Academy regarding our latest wellness initiative. If not, please click [here](#) to view it.

We are excited to work with two other charter schools in a pilot program that provides charters access to the Colorado Health Foundation Wellness grants. Through the grant we plan to update our wellness policies, as well as, increase our school and community programming. Our goal is to support the health and wellness of our students, staff, and families.

You may be well aware of our nation's increasing obesity rates, Colorado's ever increasing child obesity rates; as well as how obesity is linked to chronic diseases, and diabetes. We want to support our community in understanding ways to better care for themselves and each other. You may also be aware that a healthy diet increases our ability to focus and learn, and healthy diets support our ability to interact socially. This compelling data drives us to pay attention to wellness so that our students, staff, and families lead a healthful life at school and at home.

At HPA, we focus on a holistic approach to wellness by addressing our students' physical, social-emotional, and academic needs. Many of you may have chosen HPA because we are a "Wellness" school, but there may be others that don't know all the amazing ways we support your student's health and wellness and *why* we are committed to this work.

Physically we provide a healthy lunch option that meets our "gold-level" wellness standards, students are asked to bring a healthy fruit or vegetable for snack, and drink plenty of water throughout the day. We prohibit unhealthy foods that are filled with sugar and/or artificial ingredients. We also ensure that our students are active by scheduling recess for every student preschool through eighth grade. And, our students engage in physical education 80 minutes a week K-6, and every day two quarters a year in middle school.

Our wellness class supports our students' social-emotional and physical health by educating students about food and nutrition, decision making, problem-solving, and making good choices for their body, soul, and mind. Students in K-8 take Wellness to support their own wellbeing. Our school counselor and our social worker play a key role in supporting our student social-emotional health. They provide individual and group services to some of our students.

And, finally, each teacher at HPA focuses on the academic wellbeing of their students. Teachers closely monitor the progress students are making to ensure they are growing academically. One way we do this is to measure student growth at the end of each quarter with the online, computer adaptive STAR test. Teachers also monitor student daily progress and ensure that students are meeting the learning targets and standards. Each student is scheduled into an enrichment class that is focused specifically on their learning needs which provides them targeted instruction. This combination of classes provides a rich and well-rounded learning experience for every child at HPA.

Please be on the lookout for more information about wellness as we move forward in our wellness work this year and next. Here's to good health and wellness!

With Husky Pride,

Ms. Keri Melmed

Chief Academic Officer/Principal

Donation and Volunteer Opportunities, Upcoming Events, and more on page 3.

Important Dates:

September 29: Garden Day 4-5pm

September 29: Color-guard Parent Info Meeting 6:00pm

September 30: School Picture Day

September 30: Jean Day \$1

September 30: Cross Country Meet at Strive Prep Lake at 5:30pm

October 3: Volleyball Game vs. Aurora Academy at 4:30pm at HPA

October 3: Flag Football Game HPA Gold vs. AXL Academy at 5:00pm at AXL Academy

October 4: Power Hour 4-5pm

October 4: Volunteer Training at 4:00pm

October 4: Flag Football Game HPA Gold vs. Strive Montbello at 5:00pm at High Point Field

October 4: Flag Football Game HPA Green vs. Global Village Academy at 5:00pm at Global Village Academy

October 5: Flag Football Game HPA Green vs. Strive Montbello at 5:00pm at Strive Montbello

October 8: Cross Country Meet at Evie Dennis Campus at 9:00am

October 10-13: Hearing and Vision Screenings

October 11-13: 6th Grade Outdoor Education Trip

October 13: PTO Meeting 6:00pm

October 17 & 18: NO SCHOOL

October 19: Coffee with Keri 8:00am

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Families Looking for Carpool Help

Helping other HPA families by carpooling is a great way to build community as well as earn your parent volunteer hours. The following families are looking for help getting their children either to school or home from school. If you can help please contact Erica Wood at ewood@highpointacademy.net

- Morning carpool help needed from Singletree area (58th Drive).
- Afternoon carpool help needed from 40th and Mitchell.
- Afternoon carpool help on Tuesday, Wednesday and Thursday needed to 6th Ave. and Chambers Rd. area.

Book Character Dress Day

On October 31, students can dress up as their favorite book character. Students must have their costume idea pre-approved through their teacher and have the book in hand on Character Dress Day.

2016-2017 Colorguard

High Point Academy Colorguard is now accepting new members, K-8 boys and girls, through the end of October. Practices are on Tuesdays and Thursdays from 5:15-7:30 pm at the school. Interested in more information? Come to the parent information meeting on Thursday, September 29th at 6:00pm or email Kathy Frazier, HPA Colorguard Coach, at katfrazi77@msn.com.

Donation and Volunteer Opportunities

- **Donations Needed:** Ms. Schmidt is in need of a 5 or 10 gallon used fish tank, various size shoe boxes, and a tri-fold poster board if anyone would be willing to donate. If so, please email her at jschmidt@highpointacademy.net.
- **The Art class is starting a plastic cap drive for a school mural.** We are looking for any plastic caps that screw on (i.e. water bottle caps, orange juice caps, Gatorade caps, peanut butter caps, etc.). We need large caps too (hair products, ice cream containers, and food products). There is a drop off station in the front hallway of the school.
- **Hearing and Vision Volunteers:** Vision and hearing testing is October 10 through October 13. We need 10 volunteers each day from 8:15am to 3:15pm (half-day shifts are available); lunch will be provided. If you are interested please contact Erica Wood at ewood@highpointacademy.net.
- **Outdoor Education Donations:** Calling all 7th and 8th grade families! The sixth grade team is looking for donations of equipment and clothing that your child may have worn during their outdoor education trip in sixth grade. If you have any items that your child has outgrown, but are still in good condition that you are willing to donate, please contact Mrs. Cummins at acummins@highpointacademy.net.