



# Husky Talk Newsletter

High Point Academy

Thursday, October 3, 2019 Volume 14, Issue 4

Our mission is to provide a strong foundation of academic excellence in partnership with family and community in which each individual is challenged to achieve his/her highest potential academically, socially, and personally.

*Keri Melmed*  
Executive Director

*Yesta Ealy*  
Assistant Principal

*Jessica Ranalletta*  
Assistant Principal

*Juanise Cornell*  
Dean of Students

*Jen Rendón*  
Restorative Justice  
Coordinator

*Timiya Jackson*  
Director of Student  
Services

*Teresa Frasier*  
Director of  
Operations and  
Human Resources

*Jill Fitz*  
Enrollment  
Coordinator

*Tonya Gray*  
Business Service  
Coordinator

*Linnette Reyes*  
Clinic Assistant

*Christi Julian*  
Governing Board  
President



## **King Soopers New Rewards Program**

We wanted to let everyone know about King Soopers new Community Rewards program. We no longer have to use gift cards. You can now link your King Soopers loyalty card to High Point Academy and the school will receive a percentage of your purchases. All you have to do is go into your on-line account, click on Community Rewards (under My Account), and select High Point Academy. You only have to do this once and all future purchases will help to benefit the school! This is a great way to help our school earn money without spending anything extra.

## **Free and Reduced Lunch**

Please remember to fill out your free and Reduced lunch application. Completing the application ensures your student is charged the correct amount for lunches; and helps the school with program funding. Please [click here](#) to fill out the application.

## **Facility Rental**

Besides working hard to provide an individualized learning plan for your child, we are committed to partnering with the local community. During the year, we are willing to host events at our school. Please contact Teresa Frasier at [tfrasier@highpointacademy.net](mailto:tfrasier@highpointacademy.net)

## **Middle School Ala Carte Lunch Items**

Middle School can now purchase Ala Carte items in the lunch room. Items available for purchase are Fruit Snacks \$.75, Izzie Sparkling Water \$1.25 and Naked Juice \$2.00. They can purchase these items with cash or their lunch account.

## **Grandparents Dance**

Thursday, October 10, 2019

5pm—7pm

\$10 per person

Enjoy an evening of dinner, music, dancing and building memories that will last a lifetime! Please note, due to limited space, tickets will be first come first serve. [Click here](#) to register for tickets; however, registration will not be complete until your payment is made. Payments can be made in the main office by cash or check.

## **Winter Musical**

High Point Academy is excited to announce we will be offering our first School Musical this Winter! There will be a parent meeting after school on **November 5<sup>th</sup>** in the cafeteria to discuss details and answer any questions before registration closes. Registration for this activity is due by **November 22<sup>nd</sup>**. If you have any questions, feel free to reach out to Ms. Lawdan at [jlawadn@highpointacademy.net](mailto:jlawadn@highpointacademy.net).

## **Husky Pride Reward Donations**

Each week students have a chance to earn Husky Pride tickets. These tickets are collected in each student's classroom. Every Friday names are drawn from each grade level from the collected Husky Pride Tickets and prizes are handed out to those who have their names drawn. Grand prizes are given out monthly. Prize donations are greatly appreciated. Anything from small prizes to grand prizes such as gift cards, headphones, small toys, coloring books etc. Bring any donations to the front office.

## **PTO Minutes**

Missed the PTO? [Click here](#) for the PTO minutes!



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## Message from the Executive Director/Principal

Dear HPA Families,

One of the aspects of our programming that sets High Point Academy apart from other schools is our focus on wellness. At High Point we know that to truly support the academic, social, and emotional growth of our students we have to focus on their overall well-being. This is our holistic approach to education.

Many of you may have chosen HPA because we are a "Wellness" school, but there may be others that don't know all the amazing ways we support your student's health and wellness and *why* we are committed to this work.

In a recent study we saw that:

- The nations average obesity rate continues to increase
- Colorado has one of the fastest growing child obesity rates
- Colorado is one of the only states that saw an increase in its preschool obesity rate

We also know that:

- High obesity rates are linked to chronic disease
- Obesity rates are linked to Diabetes
- Healthy diet is linked to our ability to focus and learn
- Healthy diet supports our ability to interact socially

This compelling data drives us to pay attention and provide an opportunity for our students to lead a healthful life at school. To do this, at HPA, we have wellness guidelines, including:

- Daily snack of fresh fruits and vegetables
- Birthday celebrations are activity based, please save cakes, cookies, cupcakes for your home celebration. Unhealthy foods filled with sugar and/or artificial ingredients are prohibited.
- Unlimited salad and fruit from the food line at lunchtime
- Drinking water throughout the school day
- Healthy food offerings at school events and celebrations
- Two recess breaks throughout the school day for every grade level

Unlike most schools, we have a full-time wellness teacher and our students attend wellness as one of their specials. Our wellness class supports our students' social-emotional and physical health by educating students about food and nutrition, decision making, problem-solving, and making good choices for their body, soul, and mind.

In addition, HPA has a deep commitment to students' prosocial skills. Our school counselors and our therapy team play a key role in supporting our student social-emotional health. They provide individual and group services to some of our students. And, finally, each teacher at HPA focuses on the academic wellbeing of their students. Teachers closely monitor the progress students are making to ensure they are growing.

Thank you for supporting our wellness program. Here's to the health and wellness of everyone in our community!

With husky pride,

Keri Melmed  
Executive Director/Principal

**October 3:** Math and Literacy Night 5pm—6pm

**October 4:** Pajama Day \$1

**October 8:** Flag Football Game vs. GVR-Strive at GVR-Strive @ 5pm

**October 9:** Coffee with Keri @ 8am

**October 9:** Volleyball Game vs. Sunny-side-Strive at Sunny-side-Strive @ 5pm

**October 9:** Cross Country Meet at Global Village Academy Aurora @ 5pm

**October 14:** Flag Football Game vs. Aurora Academy at HPA @ 5pm

**October 17:** NO SCHOOL—Teacher PD Day

**October 18:** NO SCHOOL





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## Donation Opportunities

Our clinic is in need of new boys underwear sizes 4-6, new girls underwear sizes 4-6, new childrens socks, small wash cloths and leggings.

### Like HPA on Facebook

If you're on Facebook, like High Point Academy to receive school updates in your newsfeed.

### Father and Son Dance

Father/Son dance will be held on November 5th from 8am-8:30am. For more information contact [anoble@highpointacademy.net](mailto:anoble@highpointacademy.net).

### Cultural Potluck

HPA Cultural Potluck is on Thursday, November 7th. Bring a meal, side dish, dessert or snack to share with the HPA family. [Click here](#) to sign up!

### Mother and Son Dance

Mother/Son Dance will be held on November 21st from 5pm—7pm. For more information contact [anoble@highpointacademy.net](mailto:anoble@highpointacademy.net).

### HPA Has Partnered with American Furniture Warehouse

Need home furnishings? If so, support our school at the same time. [Click here](#) for more information.

